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Human Nutrition Research Branch //  
US. Agricultural Research Service.  
U. S. Department of Agriculture  
5<sup>th</sup> Washington, 25, D. C.

3  
Rice Muffins //

1 cup flour	1 egg, beaten
2 tablespoons sugar	1/4 cup milk
2-1/2 teaspoons baking powder	1-1/2 tablespoons melted
1/2 teaspoon salt	shortening
	2/3 cup cooked rice

Sift together flour, sugar, baking powder, and salt.

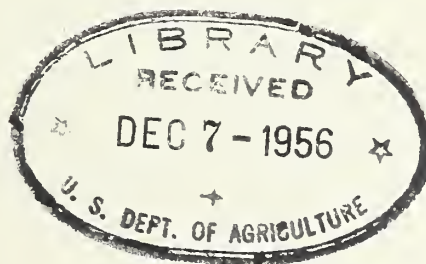
Combine egg, milk, melted shortening, and rice.

Add milk mixture to dry ingredients and mix only until dry ingredients are moistened.

Portion into well greased muffin pans.

Bake at 375° F. for 20 to 25 minutes.

Makes 6 servings.



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June 1956 //





